

"I came across Dr. Sims' book 'Medical Cannabis: Myth, Miracle or Money Dump'? and found it to be a clearly written, very informative tool that not only describes each of the cannabis-based products but provides guidelines to help consumers make informed decisions on what is appropriate for their respective needs. I will use this book as a reference and recommend it to my colleagues.

Kent Louscher, PhD Clinical Psychologist

"Dr. Sims has written a scientific primer on the use of medical cannabis for the lay public. The little margin notations and images allow the reader to easily grasp some of the complexities of this plant from its dangerous use to its miracle treatment. His algorithm at the end of the book is a must read.

Ruth Hill, RN, BSN

THOMAS J. SIMS, MD

MEDICAL CANNABIS EXPERT | AUTHOR | SPEAKER

CBD and Medical Marijuana Exposed by a Medical Expert in a Powerful New Book and Presentation!

CBD is credited for treating a host of conditions from chronic pain, arthritis, migraines, muscle spasm, insomnia, PTSD, anxiety, even cancer.

BUT IS IT ALL TRUE?

Does CBD and medical marijuana really help the conditions it's touted to treat, or is it the 'snake oil' of the 21st century – a scam thousands have fallen victim to and have wasted money on?

WHAT MEDICAL EXPERT DR. TOM SIMS HAS TO SAY

In 2014 Dr. Tom Sims co-founded a medical clinic in Oregon specifically dedicated to the management of people seeking a medical marijuana card. In that capacity he examined, certified, and educated over 6,000 people successfully using cannabis as medicine.

From that experience, Dr. Sims gained an expertise in the use of medical cannabis he has taken to the general public in his book "Medical Cannabis: Myth, Miracle or Money Dump? A Workbook Guide to Personal Use of Medical Marijuana" and in a one-hour multi-media educational presentation by the same name.

Dr. Sims' book, and the presentation that accompanies it, explains in plain English THC, CBD, terpenes, hemp and cannabis, edibles, tinctures, salves and smoking cannabis. The book advises readers how to make educated choices when buying and using cannabis products that are best for their needs, and designed as a workbook, guides readers using a series of steps and a flow-sheet into tailoring their own particular medical marijuana program capable of providing the help they seek.

READERS ARE KEPT UPDATED

To keep his readers updated on cannabis research, purchasers of Tom's book receive a free subscription to his private blog **C.A.M.P.** – <u>Cannabis As Medicine Protocols</u> – which chronicles cannabis research being done around the world.

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Suggested interview questions available on request